

HEALTH SERVICES POLICY & PROCEDURE MANUAL

North Carolina Department Of Public Safety
Prison

SECTION: Nourishment

POLICY # N-1

PAGE 1 of 2

SUBJECT: Diet Orientation

EFFECTIVE DATE: October 2014

SUPERCEDES DATE: October 2007

PURPOSE

To provide guidelines for offender orientation and education related to prescribed therapeutic diets.

POLICY

Offenders shall receive information on therapeutic diets which are prescribed for them.

PROCEDURE FOR NONHERO FACILITIES

I. Orientation

- A. The facility nurse or dietitian will orient any offender placed on a therapeutic diet. Offender orientation will include the following:
 1. Type of diet ordered
 2. Purpose of the diet
 3. Importance of compliance
 4. Duration of the diet ordered
 5. Dining room serving line assignment, including first meal to report
- B. Approved Patient education brochures on Food and Nutrition therapeutic diets may be accessed on the following prisons' websites:
 1. http://internal.doc.state.nc.us/dop/food_nutrition_main.htm
 2. http://internal.doc.state.nc.us/dop/nursing_services_patienteducation.htm

II. Documentation of Orientation

Nursing staff will document the orientation to the therapeutic diet

1. On the Offender Orientation to Diet Form, DC-484, and will be signed and dated by the responsible dietitian or licensed nursing staff and the offender. The DC-484 will be placed in the offender's health record with the Therapeutic Diet Order, DC-482.

PROCEDURE FOR HERO FACILITIES

1. The facility nurse or dietitian will orient any offender placed on a therapeutic diet. The Offender Orientation Letter, located in the Food Management System (FMS) must be provided to the offender. The following will be addressed during the orientation:
 - a. Type of diet ordered
 - b. Purpose of the diet
 - c. Importance of compliance
 - d. Duration of the diet ordered
 - e. Dining room serving line assignment, including first meal to report

Education brochures are available in the medical record encounter under Offender Education, Format of "Handout". The brochures available are the only handouts approved for distribution to offenders related to the provision of therapeutic diets.

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REFERENCE FORMS

The forms listed below are referenced in this policy and are located on the Prisons web page under Health Services, Forms. They may be accessed by clicking the link below.



5/26/2014

Paula Y. Smith, MD, Chief of Health Services Date

SOR: Director of Nursing

Addendum:

Form [DC 482 Therapeutic Diet Order](#)

Form [DC 484 Orientation to Therapeutic Diet](#)